

# The Everyman

## Relaxed Performance Information Sheet

### What can I expect at the relaxed performance?

- A relaxed performance is all about creating a welcoming environment and taking away some of the barriers that can make it hard for some people to come to the theatre. We want *everyone* to be able to enjoy this show.
- We'll have extra front of house staff to help with any requirements or questions.
- We are only selling 50% of the tickets, so it won't be as crowded in the theatre and the foyer.
- We'll let people into the theatre earlier than usual, so they can take time to settle in.
- We'll have the house lights on and the doors open all the way through in case anyone needs to take time out and then come back in.
- If anyone needs to use a fidget or ear defenders or move around during the performance, that'll be okay.
- We'll have a costume parade on the stage at the start to introduce the cast.
- Loud noises and big lighting effects will be toned down, and we'll also have a special guide to let the audience know if there are very dramatic moments coming up in the show, so that everyone can be prepared.
- Where possible, hand dryers will be switched off in The Everyman toilets.
- Quiet zones for those who need to take time out will be available and clearly signposted throughout the building.
- We'll have a visual guide available in advance, which can help people prepare for their visit to the theatre.